



*The Village at Heritage
Point Calendar of Activities
May 2025*




| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|--|---|
| <div>All Activities are an Maximum of an Hour long unless otherwise notified</div> <div></div> | | | | <div>1 9:00-9:30 Simple seated stretch 2L 10:00 Tai Chi GR 11:00 Pet Therapy with Josie 2L 1:30 The Hedbanz Game 2L 3:00 Library Committee Meeting L 3:00 Sit 'n Stretch AC 6:00 Movie GR/2L</div> | <div>2 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Episcopal Lutheran Service GC 10:00 Catholic Mass with Father Frederick D' Souza GR 10:00 Retiree's Book Club AC 11:00 Bingo 2L 3:00 Wine Buds AC 6:00 Movie night GR/2L</div> | <div>3 11:00 Residents Arts and Craft Time—Gather together to work on your own crafts and projects AC 2:00-3:30 Game Hour and Chat with WVU Student Corinne C 6:00 Movie GR/2L</div> |
| <div>4 8:30 Trans. to Suncrest Methodist 9:00 Inspirational Church Services Channel 5 6:00 Movie GR/2L</div> | <div>5 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 11:00 Cinco De Mayo Day! Celebrate with us in the Arts and Crafts Room with Patricia Lake from Interim Healthcare! 1:30-2:30 Bible Study GR 1:30 Line Dancing AC 1:30 Bingo 2L 6:00 Movie Night GR/2L</div> <div></div> | <div>6 9:00-9:30 Simple seated stretch 2L 9:30 AM Miller's Greenhouse & Flower Shop for Flowers! 10:00 Tai Chi GR 1:00 RSV Education by WVU School of Pharmacy GR 2:00 Environmental Committee Meeting GC 2:30 National Beverage Day! Enjoy a cold one with us in the Café! 3:00 Sit 'n Stretch AC 6:00 Old Tyme Friends—Country/ Gospel Variety Music Night FL</div> | <div>7 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Donuts & Coffee C 10:45 AM An Early Mother's Day Outing at The Tea Shoppe for Lunch! 2:30 Educational Updates on hand hygiene/proper mask wearing etc. by Ed Abbott from the Health Department GR 6:00 Great Decisions Program: by David Dawley - Topic "Competition, Cold War, or Conflict? Navigating U.S.-China Relations in Tense Times."</div> | <div>8 9:00-9:30 Simple seated stretch 2L 9:30 AM Old Kroger's 10:00 Tai Chi GR 12:30-3:30 Village Bridge GR 1:00 Craft with Tracey - Diamond Dot AC 3:00 Sit 'n Stretch AC 7:00 Harp Concert GR</div> | <div>9 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Catholic Communion AC 10:00 IL BP & Weight Checks—Wellness Room 11:00 Adult Coloring Fun AC 1:00 Plants and Happiness for May (Potting a Flower Seed) with Keri Demasi from Renaissance Care (Limited to 10) AC 3:00 Wine Buds AC 6:00 Movie GR/2L</div> | <div>10 11:00 Residents Arts and Craft Time—Gather together to work on your own crafts and projects AC 6:00 Movie GR/2L</div> <div></div> |
| <div>11 8:30 Trans. to Suncrest Methodist 9:00 Inspirational Church Services Channel 5 6:00 Movie GR/2L</div> <div></div> | <div>12 9:00 Mother's Reminiscing Breakfast GR 9:00-9:30 Simple seated stretch 2L 11:00 Activity Committee Meeting AC 1:00 Trivia in Honor of Mother's Day 2L 1:30-2:30 Bible Study GR 1:30 Line Dancing AC 2:30 Bingo 2L 6:00 Movie Night GR/2L</div> | <div>13 9:00-9:30 Simple seated stretch 2L 9:30 AM Suncrest Kroger's 10:00 Tai Chi GR 1:00 The History of The Old Stone House in Morgantown WV by Jason Burns, Cookie and Bernie Schultz GR 2:30 National Apple Pie Day! Come have a slice! C 3:00 Sit 'n Stretch AC 6:30 PM Stomp Show at the CAC</div> | <div>14 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 9:30 Assisted Living Town Hall Meeting 2L 10:00 Donuts & Coffee C 11:00 Independent Living Town Hall Meeting GR 1:00 PM Morgantown History Museum 6:00 River Cruising in the United States presentation and photos by the Arnold's GR</div> | <div>15 9:00-9:30 Simple seated stretch 2L 10:00 Tai Chi AC 11:00 Health Talk with Deb GR 1:30 Hearing Aid Screening and Cleaning by Hearing Solutions GC 3:00 Bingo 2L 3:00 Sit 'n Stretch AC 6:00 Movie Night GR/2L</div> | <div>16 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Catholic Communion AC 10:00 Episcopal Lutheran Service GC 11:00 Specialty Physical Therapy Education presentation by Health Works GR 1:00 Ikebana Flower Arranging Class AC 2:00 Bingo 2L 3:00 Wine Buds AC 6:00 Movie Night</div> | <div>17 10:00 Chair Dancing with Barbara GR 11:00 Village Cowboy Music 2L 11:00 Residents Arts and Craft Time—Gather together to work on your own crafts and projects AC 3:00 On Your Own! Board Games/Cards Games with Friends—Bring your favorite game to share! C 6:00 Movie GR/2L</div> |
| <div>Location Key FL-Front Lobby GR- Great Room AC-Arts & Crafts Room C-Café GC-Game & Card Rm. L-Library SP-Suites Patio SL-Suites Lobby SA-Suites Activity 2L-Suites 2nd Floor Lounge VP- Village Patio EL-Elevator Lobby FR-Fitness Room WO-Wellness Office VG-Village Gazebo SG-Suites Gazebo</div> | | | | | | |



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Calendar of Activities
May 2025



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|--|--|
| 18 8:30 Trans. to Suncrest Methodist 9:00 Inspirational Church Services Channel 5 6:00 Reminiscing with Jeanette GR | 19 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Recycling Meeting GC 10:00 Bingo 2L 11:00 West Virginia Prevention Lead Organization—Prescription Medicine Safety and Disposal presentation by Jill Poe GR 1:30-2:30 Bible Study GR 2:30 Meet and Greet Johana Radabaugh from WV Caring - May Simple Craft AC 6:00 Movie GR/2L | 20 9:00-9:30 Simple seated stretch 2L <div>9:30 AM Transportation to Aldi's</div> 10:00 Tai Chi GR 10:30 Marketing Meeting AC 11:00 Outreach Meeting AC 1:00 Food Committee Meeting AC 2:00 The Craigs—Old Jazz and Swing Music with David and Mary Beth GR 3:00 Sit 'n Stretch AC 6:00 Ax Throwing 2L | 21 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L <div>9:30 AM South Hills Mall for Spring/Summer Shopping with Lunch at the Food Court</div> 10:00 Donuts & Coffee C 3:00 Resident Council AC 6:00 'Wines for a Long Holiday Weekend' Tasting with Ron Porter GR | 22 9:00-9:30 Simple seated stretch 2L 10:00 Tai Chi GR 11:00 Grief Support Group (All are welcome to attend) by Craig Falkenstine from the WV Family Grief Center AC 12:30-3:30 Village Bridge GR 1:00 Kickoff to Memorial Day Weekend! Trivia/Prizes and Treats with Kathryn Moats C 2:30 Bingo 2L 3:00 Sit 'n Stretch AC 6:00 Movie GR/2L | 23 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Catholic Communion AC 10:00 Episcopalian Lutheran Service GC 10:00 IL BP & Weight Checks—Wellness Room 11:00 Craft with Tracey AC 3:00-4:30 Wine Buds AC 6:00 Movie Night GR/2L | 24 10:00 Chair Dancing with Barbara GR 11:00 Residents Arts and Craft Time – Gather together to work on your own crafts and projects AC 3:00 On Your Own! Board Games/ Cards Games with Friends-Bring your favorite game to share! C 6:00 Movie GR/2L  |
| 25 8:30 Trans. to Suncrest Methodist 9:00 Inspirational Church Services Channel 5 6:00 Movie GR/2L | 26 12-2 Memorial Day Cookout 6:00 Memorial Day Movie GR/2L  | 27 9:00-9:30 Simple seated stretch 2L <div>9:30 AM Walmart</div> 10:00 Tai Chi GR 1:00 American History Trivia for Memorial Day with Woodmen Life AC 2:00 Resident Monthly Birthday Party GR 3:00 Sit 'n Stretch AC 3:00 Bingo 2L 6:00 Here's to Memorial Day Celebration with Pam and Barry GR | 28 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L <div>9:30 AM On Eagles Wings Horses Visit Tour</div> 10:00 Donuts & Coffee C 2:00 Amedisys Home Health and Hospice Benefits and Services Presentation with Shanti Amos and Brett Carson GR 3:00 Bingo 2L 6:00 Movie Night GR/2L | 29 <div>9:00 AM Terra Café for Breakfast</div> 9:00-9:30 Simple seated stretch 2L 10:00 Tai Chi GR 1:00 Sapps Hollow Band (Older Country, Rock and Roll and Gospel Music) sponsored by Amedisys Home Health - Shanti GR 2:30 May Trivia AC 3:00 Sit 'n Stretch AC 6:00 Kickoff to the Summer Season! S'mores by the fire GR | 30 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Catholic Communion GR 10:00 Episcopalian Lutheran Service GC 11:00 Jeopardy with Brett from Amedisys AC 1:00 Card Making with Eleanor AC 2:00 Puzzle Palooza Weekend (Work on puzzles throughout the weekend) GC 3:00-4:30 Wine Buds AC 6:00 Movie Night GR/2L | 31 10:00 Chair Dancing with Barbara GR 11:00 Patriotic Tunes with The Village Cowboy 2L 11:00 Residents Arts and Craft Time – Gather together to work on your own crafts and projects AC 3:00 On Your Own! Board Games/ Cards Games with Friends-Bring your favorite game to share! C 6:00 Movie GR/2L |



Channel 958 on your TV will update you on what's happening at the Village!

Calendar Subject to Change!

Location Key

FL-Front Lobby GR-Great Room AC-Arts & Crafts Room C-Café
GC-Game & Card Rm. L-Library SP-Suites Patio SL-Suites Lobby
SA-Suites Activity 2L-Suites 2nd Floor Lounge VP- Village Patio
EL-Elevator Lobby FR-Fitness Room WO-Wellness Office

For more information contact:
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